

Friday 9 July 2025

Dear Parents and Guardians,

Games and PE Information – Autumn term 2025

PE and Games Kit

In September, all children will be required to arrive and leave school dressed in their PE or Games kit on days when they have PE or Games timetabled. Please ensure your son has the correct Habs kit to ensure he stays warm and dry throughout the day.

Games Lessons

In September, we will be covering a full term of Rugby in the children's games lessons for Years 3 and 4. All of Year 5 and Year 6 will participate in Rugby for the first half of the term, and then some boys will be given the choice of Hockey or Rugby for the second half of the autumn term. Football will commence in Games lessons in the Spring term, followed by Cricket in the Summer term. We have fixtures arranged next term for all children in the Prep school.

Mouthguards

All children in Years 4 to 6 will be required to have a mouthguard in September for Rugby. We are asking parents to provide their child with an appropriate mouthguard, as Opro will not be providing a mouthguard fitting service. Children in Year 3 will not require a mouthguard as Rugby is non-contact for this age group.

Football Club

There will be a football club available to all children next term. For this, the children will need their football boots and shin pads.

Squad Practice Activities

If your son is invited to a squad practice activity, he should attend this (details will be sent out via the Co-Curricular information), unless he has a music activity at the same time.

Boots for Rugby and Football

Football boots can be worn for both Rugby and Football as long as the studs are safe to play in. Most studs are allowed; however, the RFU states, 'The final responsibility is with the players/parents to ensure that boots and studs are appropriate and safe to play in'. If you have any concerns, please get in touch with the PE and Games staff, and they will be happy to offer advice. We will be checking at the start of the term and at regular intervals thereafter to ensure that all the children's studs are safe to play in.



PE Lessons

In September, all children in Years 3 to 6 will start off with cross country in their PE lessons in preparation for the Donkin Cup, which is our whole school inter-house cross country competition that takes place in the week before half term. After half term, the children will move onto a unit of 'gameplay'.

The Habs Way

Please find time to read 'The Habs Way,' **by clicking here** which is a useful document to help you understand the ethos of how sport is delivered at Habs.

As always, please feel free to contact me with any questions or queries that you may have.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'D Miller'.

Mr D Miller
Head of PE and Games (Prep and Pre-Prep School)